Well-Being Related Sessions at ANESTHESIOLOGY® 2021
Brought to you by the ad-hoc Committee on Physician Well-Being and the Advisory Group on Physician Health and Well Being
(excludes poster sessions, but PLEASE check out the many great posters relating to well-being)

FEATURED LECTURES:
Saturday, October 9
1:15 p.m. – 2:15 p.m.
APSF Panel: Clinician Safety: To Care is Human
Matthew B. Weinger, MD, MS; Della M. Lin, MD, FASA; Catherine M. Kuhn, MD; Amy E. Vinson, MD

Saturday, October 9
1:15 – 4:15 p.m.
SARS-CoV-2 and COVID-19: New Paradigms and Challenges for Anesthesiologists’ Anxiety Levels in Anesthesia Providers During COVID-19
Javier Polania Gutierrez, MD
1:15 – 4:15 p.m.
Perceptions of Anesthesiology Critical Care Medicine Physicians on Anxiety, Depression, Lack of Diversity, and Bias in Critical Care Medicine
Shahla Siddiqui

LECTURE:
Saturday, October 9
1:15 – 2:20 p.m.
Let Food be Thy Medicine: Nutrition and Personal Wellness
Frank J. Gencorelli, MD

PANELS:
Saturday, October 9
7:45 – 8:45 a.m.
Tackling the Top Patient Safety Problems in Your Practice: Recommendations From the ASA Patient Safety Editorial Board—Burnout, Wellness, and Patient Safety
Scott Watkins, MD
1:15 – 2:15 p.m.
Restoring Balance: Managing Disruptive Behaviors in the Workplace—Disruptive vs. Discourteous Behaviors and Harm At All Levels of Practice: How Does This Affect Patient Outcomes and Physician Wellness?
Richard L. Wolman, MD, MA
3:45 – 4:45 p.m.
Physician Burnout: Is Resilience the Only Answer? Identifying and Addressing Stressors, Mistratment, and Harassment
Linda B. Hertzberg, MD, FASA; Harriet W. Hopf, MD, FASA; Stephanie I. Byerly, MD; Judith Jurin Semo, JD, ESQ

Sunday, October 10
9 a.m. – Noon
Professional Intervention: When Concerns Arise Because Performance Has Fallen
Amy Vinson, MD; Keith H. Baker, MD, PhD; Carol Ann Diachun, MD; Michael Fitzsimons, MD
1:15 – 2:15 p.m.
Balancing Fertility, Family, and Career: Considerations for Starting a Family in Medicine
Becky L. Wong, MD; Joshua D. Younger, MD; Travis L. Reece-Nguyen, MD, MPH; Lisa E. Weiss, MD; Lisa P. Solomon, DO, FASA; Elena Koepeke, MD, MBA
3:45 – 4:45 p.m.
What Anesthesia-Trained Intensivists Say About Stress, Bias, and Burnout During the Pandemic
Shahla Siddiqui, MBBS, MSC, DABA, FCCM; Linda W. Young, MD; David L. Stahl, MD; Roshni Sreedharan, MD, FASA

Tuesday, October 12
1:30 – 2:30 p.m.
Table 08. Burned Out Anesthesiologist: Practice, Competence, and Colleagues
Sergey Pisklakov, MD
Saturday, October 9 2:30 – 3:30 p.m.
Table 08. Resilience: Do You Have It?
Saundra Curry, MD

TUESDAY, OCTOBER 12
1:30 – 2:30 p.m.
What Anesthesia-Trained Intensivists Say About Stress, Bias, and Burnout During the Pandemic
Shahla Siddiqui, MBBS, MSC, DABA, FCCM; Linda W. Young, MD; David L. Stahl, MD; Roshni Sreedharan, MD, FASA

REFRESHER COURSE:
Sunday, October 10
3:45 – 4:45 p.m.
Healthcare Death By Suicide: Preventing a Tragic End
Michael Fitzsimons, MD

Saturday, October 9
1:15 – 4:15 p.m.
Table 08. How to Disclose a Medical Error and Becoming a Second Victim: What Should I Do?
David Young, MD, MBA

Sunday, October 10
3:45 – 4:45 p.m.
Table 08. Resilience: Do You Have It?
Saundra Curry, MD

SELF-DIRECTED LEARNING
Virtual-Accessible through ASA LMS
Critical Incident Stress Debriefing and Peer Support for Grief Events
Corry J. Kucik, MD, FASA