Be the Solution
Sell Your C-Suite on the Value and Leadership of Anesthesiologists

Physician Anesthesiologists Made for This Moment

Toolkit
As an anesthesiologist, you are uniquely trained for the critical moments in health care—in the operating room, delivery room, intensive care unit, pain clinic, and the outpatient setting. Yet many of you acknowledge facing an uphill battle in positioning yourselves as leaders in hospitals and health systems and promoting your value with the C-suite.

While quality anesthesia is key to the success of the hospital or health system and its reputation, quality anesthesia care is implicitly expected by health care executives. They may not perceive you as leaders or revenue generators, but as service providers, and may fail to recognize how necessary you are to keeping the surgery department running. That's why it's critically important for you to be the solution and sell your C-suite on the specialty's importance beyond the expected benchmark of providing quality anesthesia by highlighting the value and leadership you bring to the hospital and health system.

ASA's Committee on Communications has guided the development of Be the Solution: Sell Your C-Suite on the Value and Leadership of Anesthesiologists. The program is part of the Made for This Moment campaign and provides you with the information and resources—informed by a team of anesthesiologists who are health care executives themselves—to champion the specialty and patient-centered, physician-led anesthesia care. The toolkit includes:

- Overview of the health care executive's role and influence over preserving physician-led care
- Actionable steps and tips to successfully engage with health care executives
- Talking points
- Resources and backgrounder materials to help anesthesiologists promote their expertise regarding the following timely topics:
  - Cost of care and the institution's financial health
  - Innovation in health care during COVID-19
  - Equity of care

The toolkit will be updated on an ongoing basis to provide you with additional resources on topics that will help you build relationships and maintain ongoing engagement with your health care executives.
# TABLE OF CONTENTS

Understanding Health Care Executives’ Roles and Influence over Preserving Physician-Led Anesthesia Care ................................................................. 4

Five Action Steps — Engage with Health Care Executives:

- Become familiar with your hospital’s and health system’s goals and identify how you and your anesthesia colleagues can partner to be part of the solution .......................................................................................................................... 5
- Identify health care executives’ most pressing needs and issues .......................................................... 5
- Establish and maintain a dialogue with health care executives and become part of the decision-making team .............................................................. 7
- Partner with surgeons and other providers ........................................................................ 7
- Commit to greater involvement in patient care ........................................................................ 7

Talking Points — Highlight Your Value and Leadership ................................................................. 8

Resources on Hot Topics for ASA Members:

Controlling Costs and Maximizing Your Institution’s Financial Health ................................. 9
Backgrounder for Health Care Executives ........................................................................ 11

Innovation and Leadership During COVID-19 ................................................................. 12
Backgrounder for Health Care Executives ........................................................................ 14

Addressing Health Equity ................................................................................................. 15
Backgrounder for Health Care Executives ........................................................................ 17
You safeguard patients, drive innovation, advocate for patient safety and quality care, and provide leadership through a pandemic. Yet, many health care executives may not recognize your value. They know you are leaders of anesthesia care but many generally believe that substituting a nurse for a physician improves access to care and reduces costs without impacting quality of care or patient outcomes. However, they have a different perspective when it comes to themselves or their family members.

According to ASA’s 2019 survey:

- 11 of 31 health care executives expressed “no preference” between an anesthesiologist and a nurse to diagnose and treat complications during a procedure.

- 69% of health care executives expressed a personal preference (“for yourself or a family member”) to have an anesthesiologist over a nurse.

This Toolkit can help you build on their clear personal preference and increase awareness of anesthesiology’s value to the hospital and health system overall by positioning yourself as a leader and partner of administrators within your institution.

<table>
<thead>
<tr>
<th>Ongoing engagement with your health care executives does not need to be hard. Below are actionable steps you can take beginning today.</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
</tr>
<tr>
<td>2</td>
</tr>
<tr>
<td>3</td>
</tr>
<tr>
<td>4</td>
</tr>
<tr>
<td>5</td>
</tr>
</tbody>
</table>
Five Action Steps

1. **Become familiar with your hospital’s and health system’s goals and identify how you and your anesthesia colleagues can partner to be part of the solution**
   - Review the mission, vision, and values of the hospital and health system to ensure you understand its core purpose and organizational decisions.
   - Review the strategic plan.
     - *If you haven’t seen it, ask your health care executives for a copy, indicating your interest in becoming more involved with the hospital’s and health system’s mission, growth, and future. At the very least, health care executives should share access to the top three or four goals.*
   - Determine where the anesthesiology department aligns with the mission, vision, and values and strategic plan to guide conversations where you can demonstrate you are a good partner in helping the hospital and health system achieve its goals.

2. **Identify health care executives’ most pressing needs and issues**
   - Most health care executives are not trained as health care providers, and among those who are, very few are physicians. They run the hospital or health system as a service business and are very concerned with the bottom line. Additionally, they have many stakeholders to answer to and will be most open to listening to those who help them achieve their goals.

   - While reviewing the strategic plan, mission, vision, and values, identify opportunities to partner with your hospital and health system to meet its goals, and:
     - *Commit the resources and time to achieve them*
     - *Identify who in your practice will take the time to focus on working with health care executives (e.g., one person 100% of the time, five people 20% of the time, etc.)*
   - Learn what type of quality improvement (QI) program your hospital and health system uses (e.g., Lean Six Sigma or Rapid-Cycle Improvement) and what that means. Find out who leads the quality improvement program and what it entails to assess where the anesthesiology department can play a role. Dashboards typically are reported every quarter.
     - *Review ASA resources describing the various QI plans*
   - Become familiar with the quality measures and metrics that are most important to your hospital, for example, the most recent Value-Based Purchasing Program scores your hospital received or their Star-Rating. Determine your department’s quality metrics to help the hospital improve and/or maintain those scores.
With that in mind:

• Recognize that surgery and procedures are the hospital’s and health system’s major income generators and can’t happen without anesthesiologists who play a vital role in ensuring patients’ health and safety before, during, and after procedures. Anesthesiologists have a major impact on operating room efficiency, case cancellation, and length of stay.

• Communicate that you want to be part of the solution with a can-do attitude and let it be known you are the person to call who can be counted on to get things done, by asking:
  — “What can our group do to help this institution?”
  — “Is there something we could/should be doing?”

• Emphasize that research shows patients expect and want anesthesia provided by a physician.

• Help health care executives address their priorities—and highlight your role in ensuring efficiency so as many surgeries and procedures are being done as safely as possible.

• Demonstrate the value of physician-led anesthesia care, including via Perioperative Surgical Home (PSH) and Enhanced Recovery After Surgery (ERAS) programs:
  — Provide published research showing the benefits of PSH and ERAS (see “Resources for ASA Members: Controlling Costs and Maximizing Your Institution’s Financial Health” section for more details and resources)
  — Collect and report your outcomes on a regular basis
  — Expand into additional service lines if you provide PSH/ERAS

• Share with your health care executives how anesthesiologists can help improve CMS Hospital Star Ratings, which include a variety of measures across five areas of quality into a single star rating for each hospital. Anesthesia impacts all five areas in the Star Rating Measures:
  — Mortality - weight 22%
  — Safety of Care - weight 22%
  — Readmission - weight 22%
  — Patient Experience - weight 22%
  — Timely and Effective Care - weight 12%

• Ask your health care system for access to patient satisfaction scores/surveys such as Hospital Consumer Assessment of Healthcare Providers and Systems (HCAHPS), which are a key pillar of the hospital’s ranking (and therefore payment rates). It is important for the anesthesia group to also independently survey patients experiences with the anesthesiologist (anesthesia specific patient experience surveys available with AQI’s Quality Concierge service) to show your patient interactions contribute to higher HCAHPS scores. Review the surveys and:
  — Assess where you can improve
  — Collect anecdotes that apply to anesthesiologists and the anesthesia experience and share them
  — Create a document showing outcomes that include anesthesia as proof of value

• Track your outcomes, determine where improvements can be made, and put in processes to improve those outcomes. Share your findings with health care executives to demonstrate your value and show your commitment to improving patient care. Examples of Processes Improvements may include:
  — Safety
  — Prehabilitation
  — Sedation service
  — Pain management
  — New ways to create revenue by:
    > Being flexible and not insisting on specific equipment and medications if less-expensive versions are just as effective
    > Helping hospitals retain the patients that must remain at the hospital for care/surgery or hospital’s outpatient facility vs. going to an independent ambulatory surgery center by utilizing PSH/ERAS protocols
Engage with Health Care Executives | Five Action Steps

3. Establish and maintain a dialogue with health care executives and become part of the decision-making team

- Get to know your health care executives, including chief executive officer (CEO), chief operating officer (COO), chief medical informatics officer (CMIO), chief medical officer (CMO), chief financial officer (CFO), chief nursing officer (CNO), chief of surgery, operating room charge nurse, etc. and make sure they know you.
- Engage with them regularly, at least quarterly but ideally more often. Get started by:
  - Sharing your cell phone number or pager number
  - Making yourself available for anything they need
  - Setting up meetings to offer your expertise and proposing improvement initiatives (in-person meetings are preferable to email), and during the meeting, be sure to describe your vital role throughout the perioperative care process, including ensuring patient safety when sedation and anesthesia are provided
  - Engaging with health care executives in the hallway to provide informal updates
  - Volunteering for hospital and health system governance and committees, including:
    - Leading the code teams, ICU, ultrasound training, etc.

4. Partner with surgeons and other providers

- Identify high-volume and high-margin surgeons (i.e. orthopedic, cardiothoracic, and neurosurgery) and other providers with whom you can partner. Outline how you can help them improve patient care and outcomes and:
  - Don’t forget other medical specialists, including electrophysiologists, interventional cardiologists, interventional radiologists, gastroenterologists, etc.
  - Communicate that you can help them avoid costly same-day surgery cancellations by doing preoperative assessments to identify issues well before the surgery, particularly for patients with comorbid conditions who require complex care
  - Be available to pre- and post-op nurses to answer questions, avoid complications, and nip problems in the bud
  - Be mindful of and adapt to different surgeons and their needs and preferences
  - Be present and listen—don’t focus on your phone or device, but be an active participant as part of the team

5. Commit to greater involvement in patient care

- Fully engage with patients during preoperative assessment and during all stages of care to ensure that patient and physician expectations regarding anesthesia and recovery are aligned.
Highlight Your Value and Leadership

Talking Points

The following talking points are a good starting point to help you introduce your value and leadership to health care executives and can be used in combination with the other resources included in this toolkit to keep the conversation going:

- As an anesthesiologist, I’m the leader of the anesthesia care team that delivers anesthesia and perioperative care to patients. I ensure patient safety by responding to critical moments and emergencies in surgery. My colleagues and I also have stepped up to the challenges and demands that the pandemic has placed on our hospital and health care system.

- Without anesthesia, surgeries and procedures would not be possible. Physician-led anesthesia care keeps patients safe, improves outcomes, reduces risks, controls costs, and protects the hospital’s bottom line and health system’s reputation. As a leader of the anesthesia care team, I ensure cross team collaboration and surgical efficiency for the institution, improving room turnaround times and decreasing length of stay and readmissions. I’ve heard from the surgeons I work with and the patients I treat that they want anesthesiologists involved in their care.

- Can I share some more details on the role anesthesiologists play and how our leadership, expertise, and innovation can continue to help you?
Controlling Costs and Maximizing Your Institution’s Financial Health

Here are some talking points to help you introduce this issue:

• I recognize you are regularly held accountable for patient outcomes while at the same time pressured to cut costs and improve efficiencies. But I also understand you cannot jeopardize quality of patient care and safety. Anesthesiologists can play an important role in helping you control costs while maximizing our institution’s financial health. Working in a care team enhances efficiencies in surgical care, resulting in better patient and caregiver experiences.

• Physician-led anesthesia care saves lives and reduces complications. I also control costs by reducing unnecessary testing, same-day cancellations, operating room emergencies, and surgical complications. Anesthesiologists are leaders in perioperative care and can assess and improve quality of care.

• Can I share some more details on how we can help do this?

“Get involved in one of the main strategic goals of the hospital. The easiest way is to create and lead a Perioperative Surgical Home (PSH) or Enhanced Recovery After Surgery (ERAS) committee. This was my path. I was on the several small committees at my hospital for 17–18 years and was the President of my group but never took on a larger hospital role. I attended ASA’s Practice Management in 2014 and was inspired by PSH. I put together a committee and ultimately a pathway to achieve a PSH for total joint replacement.

We launched about 1 1/2 years before the Comprehensive Care for Joint Replacement (CJR) program. We were enormously successful with CJR largely because we had a PSH in place a year in advance. We now have an ERAS committee for cardiac surgery, have revisited our committee on ERAS for colorectal surgery and are considering an ERAS committee for spine procedures.” — Steven Schulman, MD, MHA, FASA, President, New York Cardiovascular Anesthesiologists, P.C., Associate Medical Director, St. Francis Hospital

In addition to these talking points, following are some additional resources you might find helpful:


• PSH:
  – How to Talk with Your C-suite About Implementing a Perioperative Surgical Home (PSH) Pilot into your Facility: https://www.asahq.org/psh/learningcollaborative/learningcollaborative2020/c-suite
Controlling Costs and Maximizing Your Institution’s Financial Health

Resources on Hot Topics for ASA Members

- **Quality Initiatives**: If your group doesn’t already, consider reporting to a registry to track and act upon your quality data.
  - Quality 101: [https://www.asahq.org/macra/quality101](https://www.asahq.org/macra/quality101)
  - Learning From Others: A Case Report from the Anesthesia Incident Reporting System: [https://pubs.asahq.org/monitor/article/84/7/14/108581/Learning-From-Others-A-Case-Report-from-the](https://pubs.asahq.org/monitor/article/84/7/14/108581/Learning-From-Others-A-Case-Report-from-the)
  - Demonstrate Your Value: Choose the Right NACOR® Service Level: [https://www.asahq.org/macra/quality101/demonstrate](https://www.asahq.org/macra/quality101/demonstrate)
  - Podcasts:
    - Dr. Grant Lynde — Quality Improvement: [https://www.asahq.org/podcasts/central-line/episode-seventeen](https://www.asahq.org/podcasts/central-line/episode-seventeen)

“**The biggest value that an anesthesiologist brings to an institution is the fact that we interface and work with all different teams across the institution, putting us in a unique position to know and see who is providing quality care across the organization and who’s not. You can talk about the efficiencies that you’ve helped create as an anesthesia department, decreasing turnover times, improving the care in the OR. You can share with the CMO that you’re an influential physician working on the total cost of care as you improve outcomes to the patient, from 30 days before they come into the hospital to 30 days after they leave the hospital. You’re not just an anesthesiologist working in the OR.”** — Mike Schweitzer, MD, MBA, President, SH+, LLC
As a health care executive, you are increasingly under pressure to improve patient outcomes while simultaneously cutting costs. It’s a balancing act, as the pressure to reduce costs cannot jeopardize quality and safety. As essential providers in the care team, anesthesiologists are the proven leaders in safe and effective care throughout the perioperative care process. Their extensive education and training keep patients safe, improve patient outcomes, reduce the risk of complications, and control costs—all of which help ensure quality, protect your hospital’s reputation, and maximize its financial health as well as improve the patient and caregiver experience. Here’s how anesthesiologists and physician-led anesthesia care make a difference.

### Save Lives and Reduce Complications

The presence of an anesthesiologist prevented 6.9 deaths per 1,000 patients in which an anesthesia-related or surgical complication occurred, according to an independently funded analysis of Medicare data of more than 190,000 surgeries.1

The odds of admission to the hospital or death (unexpected disposition) were 80% higher when a nurse anesthetist provided care rather than an anesthesiologist, according to an independently funded analysis of a national survey of more than 2.4 million outpatient surgeries.2

When nurses led anesthesia care, surgical care costs were 8.7% higher (about $1,800 per surgery), according to an analysis of Nationwide Inpatient Sample data that compared surgical costs in three opt-out states to three states that require physician-led care. Further, patients did not have increased access to surgical care and anesthesia in opt-out states.3

Physician-led anesthesia care reduces mortality and saves costs ranging from $4,410 to $38,778 for each year of life saved compared to the nurse-led model, according to a cost-benefit analysis that used survey data based on anesthesia reimbursement and published outcome studies.4

Anesthesiologist-led care significantly reduced costs compared to the nurse model: medically related surgical cancellations were reduced by 88%, medical consultation requests were reduced by 75%, and cost of laboratory tests were reduced by 59%, according to a review article.5

Control costs by reducing unnecessary testing, same-day cancellation, operating room emergencies, and surgical complications.

Anesthesiologist-led care significantly reduced costs compared to the nurse model: medically related surgical cancellations were reduced by 88%, medical consultation requests were reduced by 75%, and cost of laboratory tests were reduced by 59%, according to a review article.6

### Physician-Led Anesthesia Care and Leadership

Increases in:

- Physician-led anesthesia care
- Physician-led care
- Medical Direction of Anesthesia
- Physician-led pain management
- Physician-led interdisciplinary care
- Physician-led quality and safety initiatives
- Physician-led perioperative pathways
- Physician-led clinical leadership
- Physician-led perioperative care
- Physician-led credentialing
- Physician-led quality improvement

Controlling Costs and Maximizing Your Institution’s Financial Health

Physician-led anesthesia care helps ensure quality, protect your institution’s reputation, and maximize its financial health as well as improve the patient and caregiver experience. Here’s how anesthesiologists and physician-led anesthesia care make a difference.

### Resources on Hot Topics for ASA Members

- **Physician-Led Anesthesia Care and Leadership**
- **Your Institution’s Financial Health with Controlling Costs and Maximizing**
- **million outpatient surgeries.2**

Physician-led anesthesia care significantly reduced costs compared to the nurse model: medically related surgical cancellations were reduced by 88%, medical consultation requests were reduced by 75%, and cost of laboratory tests were reduced by 59%, according to a review article.

### Physician-Led Anesthesia Care and Leadership

Physician-led anesthesia care helps ensure quality, protect your institution’s reputation, and maximize its financial health as well as improve the patient and caregiver experience. Here’s how anesthesiologists and physician-led anesthesia care make a difference.

### Contact Information

For more information, please contact:

- **American Society of Anesthesiologists**
  - Phone: (301) 634-3391
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### Citations

Here are some talking points to help you introduce this issue to your health care executives:

- When the pressures of your already demanding role were magnified tenfold during COVID-19, anesthesiologists joined forces with you, other administrators, and specialists to collaborate, innovate, and use every available resource to care for patients.
- Many of the solutions and strategies used to manage COVID-19 patients in 2020 are hospital procedures today.
- Can I share more details on the roles anesthesiologists played during the pandemic and how our leadership and innovation can continue to help you?
In addition to these talking points, following are some additional resources you might find helpful:

- Resilience During a Crisis: You and Your Team. Key Opinion Leaders Roundtable White Paper: [https://www.asahq.org/shop-asa/e020z00w04](https://www.asahq.org/shop-asa/e020z00w04)
- ASA, AHA COVID-19 ‘lessons learned’ article series in AHA Today that provides case studies of how anesthesiologists and members of the C-suite worked together:

“There are a number of things we’ve learned that we didn’t understand before and innovations we’ve developed, including how best to take care of COVID-19 patients in the ICU, how to reduce the risk of aerosolization, and the most appropriate ventilator management. These changes have led to huge improvements in care and will remain after the pandemic.”

— Mary Dale Peterson, MD, MHA, MSHCA, FACHE, FASA, ASA Past President, Chief Operating Officer and Executive Vice President, Driscoll Health System
Innovation and Leadership During COVID-19

Resources on Hot Topics for ASA Members

Leveraging Innovation and Leadership to Address a Public Health Crisis: Anesthesiologists as Frontline Heroes and Problem Solvers

The COVID-19 pandemic put an unprecedented strain on our health care system. You and all health care executives had to quickly pivot to ensure your institution was providing the safest and most effective care based on ever-changing guidance. It was all hands-on-deck, and from the very beginning of the pandemic, anesthesiologists were among the leaders who stepped forward helping to provide life-saving, frontline critical care, established infection prevention protocols that protected their colleagues from infection, and problem-solved the challenges of this public health crisis. Their work has also advanced their institutions beyond the pandemic.

Innovate to improve care.

With their proven training, education, and expertise, anesthesiologists are made for these critical moments, whether during a pandemic, a trauma, or a natural disaster. Demonstrating the ability to think clearly in a crisis and a willingness to tackle difficult problems head on and create innovative solutions, anesthesiologists:

- Collaborated with administrators and critical care colleagues to build surge capacity and update emergency preparedness standards.
- Promulgated best practices for personal protective equipment (PPE) use and reuse, including devising creative designs and ways to recycle.
- Built upon Centers for Disease Control and Prevention guidelines for appropriate testing and surveillance protocols for patients receiving surgical, procedural, and diagnostic care.
- Established protocols for intubation, insertion of special catheters, and proning.
- Addressed drug shortages including substituting sedatives when first-line drugs were not available.
- Repurposed their anesthesia gas machines normally used for surgery for use in the ICU when ventilators were in short supply.
- Converted pressure operating rooms to negative pressure rooms to reduce aerosolized transmission of the virus.
- Developed tactics to prevent burnout by addressing the enormous physical toll on providers, including incorporating wellness programs through a variety of formats and forums, such as Zoom meetings, town halls, and online department lounges to allow staff to express their fears and frustrations.
- Shared their experiences, knowledge, and lessons learned with colleagues around the country to improve care as the pandemic evolved, including through ASA-provided and sponsored town halls and educational formats and forums, such as Zoom meetings, town halls, incorporating wellness programs through a variety of formats and forums, such as Zoom meetings, town halls, and online department lounges to allow staff to express their fears and frustrations.

Many of these solutions have evolved to become standard protocols or methods to treat patients and prevent the spread of COVID-19 to other health care workers.

There are a number of things we’ve learned that we didn’t understand before and innovations we’ve developed, including how best to take care of COVID-19 patients in the ICU, how to reduce the risk of aerosolization and the most appropriate ventilator management. These changes have led to huge improvements in care and will remain after the pandemic.” — Mary Dale Peterson, MD, MHSA, MSHCA, FACHE, FASA, ASA Past President, Chief Operating Officer and Executive Vice President

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Addressing Health Equity

Resources on Hot Topics for ASA Members

Health inequity is deeply rooted in health care overall. Addressing the issue and improving access to care requires implementing a variety of tactics and approaches, and anesthesiologists play a key role in making perioperative care more equitable. Your health care executives are looking for assistance to address this challenging issue, providing an opportunity to show how you can help in this effort. This toolkit includes a one-page backgrounder you can share in a meeting with health care executives and highlights how anesthesiologists can help ensure health equity. The backgrounder provides detailed information and can be used as resource for your meeting.

Here are some talking points you can use to help your health care executives understand how the important work you do addresses health inequity.

- Health inequity is a multi-faceted problem that will require many initiatives to solve. With our extensive education, training, and expertise, anesthesiologists are the leaders in ensuring safe and high-quality care and excellent outcomes throughout the perioperative process. That level of expertise is particularly vital when managing high-risk patients with comorbidities, which are more common in minority populations, as well as children.

- We also are experts in pain management and lead the way in offering surgery and chronic pain patients effective, opioid-sparing pain management, as well as addressing inequities in pain control among minorities.

- As vital members of the labor and delivery team—managing labor pain and providing emergency care when issues arise during delivery—anesthesiologists are very concerned about maternal mortality, which affects three times as many Black women as white women.

- Can I share some more details on the many ways anesthesiologists can help you reduce disparities in care?

“It’s important to put processes and protocols in place to reduce inequitable care. At our institution, there’s an automatic trigger if the nurse indicates that blood loss after vaginal delivery has hit 500. As soon as it is entered, it goes off to a pager that the anesthesiologist floor leader is carrying and they go by and make a visit. We do a lot more visits than necessary as a result and nine times out of 10 it’s unnecessary, but you need to do that to catch the 10th one.”

— Sunil Eappen, MD, Interim President, Brigham Health; Senior Vice President, Medical Affairs; Chief Medical Officer
In addition to these talking points, following are some additional resources you might find helpful:

- **Health Equity**
  - Diversity in Anesthesia — Empowering Shifts with Dr. Wright: [https://www.asahq.org/podcasts/central-line/episode-twenty-three](https://www.asahq.org/podcasts/central-line/episode-twenty-three)

- **Maternal Mortality**
  - Physician Anesthesiologists and Maternal Mortality — 7 Things You and Your Institution Can Do to Save Women’s Lives: [https://www.anesthesiologynews.com/download/Maternal_ANSE1019_WM.pdf](https://www.anesthesiologynews.com/download/Maternal_ANSE1019_WM.pdf)
  - Eliminating Racial Disparities in Maternal and Infant Mortality: [https://www.americanprogress.org/issues/women/reports/2019/05/02/469186/eliminating-racial-disparities-maternal-infant-mortality/](https://www.americanprogress.org/issues/women/reports/2019/05/02/469186/eliminating-racial-disparities-maternal-infant-mortality/)

“A patient may need surgery after a car accident for a broken leg and the emergency room physician refers them to the orthopedic surgeon, who schedules them for surgery to fix the leg. During the preoperative visit, the anesthesiologist can identify if the patient has other conditions that have gone untreated and can refer the patient to a cardiologist or internist who can provide the necessary care.” — Crystal Wright, MD, FASA, ASA Chair, Committee on Professional Diversity, Associate Professor in the Department of Anesthesiology and Perioperative Medicine, University of Texas MD Anderson Cancer Center
Anesthesiologist Leadership and Expertise Foundational to Ensuring Quality Care for All Patients

Ensuring your institution provides equitable health care is a critical priority for health care executives. It can be a challenge, but anesthesiologists can play a vital role in helping you lead initiatives to safeguard access to quality care for all.

**Provide physician-led anesthesia leadership in perioperative care to foster better outcomes.**

Death and complications related to care disproportionately affect minorities and socioeconomically disadvantaged patients. Improving outcomes in these patients starts with ensuring they are receiving physician-led anesthesia care. Access to an anesthesia care team led by an anesthesiologist can help eliminate health care disparities and ensure all patients receive the same standard of care. As the leaders in perioperative care, anesthesiologists:

- Provide high-quality preoperative evaluation, appropriate selection of the anesthetic, and adequate monitoring during the surgical period. Anesthesiologists are the safety and quality gatekeepers throughout this process. This expertise is particularly vital:
  - When managing surgical patients with comorbidities such as diabetes and cardiovascular disease, which disproportionately affect minorities.
  - When providing anesthesia care to children, who are at increased risk of breathing problems. Anesthesiologists also have the expertise to manage multi-system inflammatory syndrome in children (MIS-C), a condition that can develop after recovery from COVID-19, and is more likely to affect minorities.
  - Via perioperative screening, identify patients who have undetected and untreated conditions such as diabetes and cardiovascular disease that often disproportionately affect minorities and socioeconomically disadvantaged patients. For example, a patient may break a leg in a car accident and the emergency department physician refers the patient to an orthopedic surgeon who schedules surgery to fix the bone. During the preoperative visit, the anesthesiologist may discover a health issue such as high blood pressure or lung disease. In some cases, these patients may not be seeing a primary care physician, and anesthesiologists can collaborate with providers within the system to ensure patients get the ongoing care they need.
  - Developed and continue to lead pathways for improving patient care throughout the perioperative care process, including the Perioperative Surgical Home (PSH) and Enhanced Recovery After Surgery (ERAS). These initiatives are designed to ensure patients have improved surgical outcomes and facilitate coordinated care and effective handoffs so that the patient’s information is shared with the patient’s surgeons, primary care provider or care coordinator, if necessary.
- Ensure health literacy, including by addressing cultural competencies and language barriers to help surgery patients fully understand their anesthesia plan and the procedure. For example, when a surgical patient does not speak English, anesthesiologists arrange to ensure a translator of the same ethnicity (who is competent in medical terminology) is present during preoperative consultations. Anesthesia departments at some hospitals create videos in English and other languages (according to their patient population) patients can watch before and after surgery to help them fully understand the perioperative process.
  - Contributing to updated versions of the American College of Obstetricians and Gynecologists’ Levels of Maternal Care guidelines.
  - Leading development of the “Pain Management Best Practices Inter-Agency Task Force Report,” which details multimodal techniques to manage pain in laboring women, especially those with opioid use disorder. This is key as pregnant Black women are less likely to receive or use medication to treat an opioid use disorder.
  - Working closely with the American College of Obstetricians and Gynecologists in the development of evidence-based standards to help eliminate racial disparities in maternal and infant care.
  - Supporting the Preventing Maternal Deaths Act, which provides states funding to establish and support maternal mortality review committees and standardizes the review process.

*It’s important to put processes and protocols in place to reduce inequitable care. At our institution, there’s an automatic trigger if the nurse indicates that blood loss after vaginal delivery has hit 500. As soon as it is entered, it goes off to a pager that the anesthesiologist floor leader is carrying and they go by and make a visit. We do a lot more visits than necessary as a result and nine times out of 10 it’s unnecessary; but you need to do that to catch the 10th one.*

- Sunil Eappen, MD, MBA, Interim President; Senior Vice President, Medical Affairs; Chief Medical Officer

Ensuring access plays a significant role in addressing inequitable care. Minorities account for more than half of the uninsured population, meaning they are less likely to receive critical health care services. Anesthesiologists actively support policies that ensure adequate access to physician-led anesthesia care, including:

- Medicare and Medicaid coverage of chronic pain care.
- Medicare and Medicaid support of safety net hospitals and their physicians.
- Medicaid policies to ensure children have access to pediatric anesthesiologists.
- Health insurance reforms that expand choice of coverage, increase portability, and reduce unnecessary costs.

**Enhanced Recovery**

Anesthesiologists are the experts in pain management, provide a variety of non-opioid drugs and chronic pain and help with healthcare disparities. Studies show pain is in minority populations, and to address this issue. For example, they are involved in newly established sickle cell integrated care for this painful inherited condition, which disproportionately affects Black patients.

Anesthesiologists also have the expertise to manage multimodal techniques to manage pain in laboring women, especially those with opioid use disorder. This is key as pregnant Black women are less likely to receive or use medication to treat an opioid use disorder.

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**Contributing to updated versions of the American College of Obstetricians and Gynecologists’ Levels of Maternal Care guidelines.**

**Leading development of the “Pain Management Best Practices Inter-Agency Task Force Report,” which details multimodal techniques to manage pain in laboring women, especially those with opioid use disorder. This is key as pregnant Black women are less likely to receive or use medication to treat an opioid use disorder.**

**Working closely with the American College of Obstetricians and Gynecologists in the development of evidence-based standards to help eliminate racial disparities in maternal and infant care.**

**Supporting the Preventing Maternal Deaths Act, which provides states funding to establish and support maternal mortality review committees and standardizes the review process.**

Ensure quality care for all. Learn more here

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