Welcome Reception
Friday, October 21
7:30–9:30 p.m.
Hyatt Regency Chicago, Regency AB

Grab your badge and meet medical students, residents, and fellows from across the nation as we jump-start the ANESTHESIOLOGY* 2016 Medical Student track.

Medical Student Educational Programming
Saturday, October 22
9 a.m.–2:50 p.m.
Hyatt Regency Chicago, Grand Ballroom EF

Educational sessions are open and available to all medical students attending ANESTHESIOLOGY 2016. Topics include:

- Tactical Student Loan Management
- Navigating the Financial Services Industry
- Perioperative Surgical Home
- A Day in the Life of a Physician Anesthesiologist
- Making Yourself a Competitive Applicant for Residency

Medical Student Offsite Workshops
Saturday, October 22
8 a.m.–Noon
University of Chicago & Northwestern University

For registered students only. Students will participate in various hands-on learning workshops hosted by two highly-acclaimed medical institutions. Transportation will be provided. For more information, please refer to the details provided in your email correspondence from the ASA Medical Student Component.

Residency & Fellowship Programs Meet & Greet
Saturday, October 22
3–5 p.m.
Hyatt Regency Chicago, Riverside Hall

A do-not-miss event! Come meet residency program representatives from anesthesiology programs across the nation in a casual exhibit-format setting.

LOCATION ANNOUNCEMENT
This year, ALL of the medical student activities will be held at the HYATT REGENCY CHICAGO, not the Hyatt Regency McCormick or McCormick Place.

Hyatt Regency Chicago
151 E. Upper Wacker Drive
Chicago, IL 60601

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FAQs

- How much does it cost to register?

<table>
<thead>
<tr>
<th>Member Registration Categories</th>
<th>Early Bird</th>
<th>Advance</th>
<th>Onsite</th>
</tr>
</thead>
<tbody>
<tr>
<td>Resident, Fellow, Medical Student</td>
<td>No Fee</td>
<td>No Fee</td>
<td>$100</td>
</tr>
</tbody>
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- Do I have to pay the $100 fee for housing should I choose not to book a hotel through the ASA?
  - No. The ASA has granted medical students a waiver for the new $100 hotel fee. You will not be charged a fee if you register online before October 10.

- What is the dress code?
  - The dress code for meeting is business casual.

- What is the weather like in Chicago?
  - Daytime temperature highs hover between 60–70 degrees F and evenings between 40–50 degrees F.

- What are the exhibition hours?
  - Exhibits will be open Saturday, October 22, 10:30 a.m.–6:30 p.m.; Sunday, October 23, 9 a.m.–4 p.m.; Monday, October 24 9 a.m.–3 p.m.

- Will there be transportation provided from my hotel to the convention center?
  - ASA will provide shuttle services to all designated hotels. Click here to view the 2016 shuttle schedule.

- Once I arrive, where do I go to register?
  - Express satellite registration at Hyatt Regency Chicago, Friday, October 21, 3–7 p.m., Saturday, October 22, 7–10 a.m.
  - Full service registration at McCormick Place Convention Center, Friday, October 21, 3–7 p.m., Saturday–Sunday, October 22–23, 7 a.m.–5 p.m.

Fun in Chicago!

Chicago Tours as part of the ASA Experience

Want more out of your time in Chicago? The ASA has lined up several tours for the traveler looking to maximize his or her time in the Windy City. Several tours available include:

- Millennium Park Walking Tour
  - Saturday, October 22
  - 1:30 p.m.
  - Cost: $35

- Chicago Sculpture Walking Tour
  - Sunday, October 23
  - 10 a.m.
  - Cost: $35

- Architectural Walking Tour
  - Monday, October 24
  - 1:30 p.m.
  - Cost: $34

- The Second City (Comedy)
  - Monday, October 24
  - 8 p.m.
  - Cost: $34

- ASA Headquarters Building Tour
  - Wednesday, October 26
  - 9 a.m.
  - Cost: $50

For more information and to book your tour, please visit the annual meeting website.

Social Media Expansion

by Ada Garner, ASA Medical Student Component (MSC) Chair-Elect

Currently, the ASA Medical Student Component is working to expand its website and social media presence to maximize exposure of ASA-related news, activities and efforts to a wider medical student audience. One of the component’s goals is to have a more concrete relationship with the anesthesia interest groups (AIGs) around the country. Another goal is to have a website section for these groups.

Initially, this section will provide the contact information for each AIG. Having a centralized area where the AIGs are mentioned will facilitate communication between the different groups and allow interested students to engage in conversation with members within their group of choice.

We also want the winners of the Outstanding AIG Award to have a permanent placement on the website. This will include both past and current recipients.

For the social media expansion, we will start by using the main ASA social media accounts to promote our affiliation within the larger organization. Content will be centered around the work the MSC Governing Council does, the benefits of being a student member, conference highlights, newsletter summaries, and advice for students as it relates to anesthesia residency and rotations.

We encourage all ASA and AIG members to follow the main ASA websites and repost material related to students to increase our student network.

We are open to any and all feedback on how to push these initiatives forward. If you have any suggestions or want to be featured in future AIG spotlight posts, please reach out to Ada Gil Jiménez at the following email address: ada_giljimenez@med.unc.edu.
Finance 101

**Tactical Student Loan Management**
*By Chris Long*

Student loan debt, particularly the intricacies of federal student loans, is not something most financial advisors learn about. As a result, we see many advisors make the very costly mistake of treating student loan debt just like other short-term debt. We’ve also observed that financial aid officers often don’t understand repayment strategies and other common resources for medical students and are inadequate for planning. We developed our own software to analyze individual loan portfolios and quantify the financial impact of different repayment strategies and programs like Public Service Loan Forgiveness. During this session we will provide highly relevant educational information on federal loans and work through a detailed case history.

**Navigating the Financial Services Industry**
*By Chris Long*

This session will illuminate how financial advisors get paid and why there’s such an emphasis on disability and life insurance. We’ll compare typical residency program or employer provided coverage to individual coverage and why it really is important to learn about this in medical school. Once it makes sense to protect against potential medical exclusions on future coverage, we’ll show you how to do it for a fraction of what the industry promotes.

**FOR MORE INFORMATION**

Chris and Gregg welcome your questions. They can be reached through their office manager Nancy Glaz.

Nancy Glaz  
Consolidated Planning  
2725 Devine St.  
Suite 100  
Columbia, SC 29205  
[www.cplanningMD.com](http://www.cplanningMD.com)  
(803) 661-6183  
glaz@cplanning.com

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**BIO - BOBBIEJEAN SWEITZER**

Dr. BobbieJean Sweitzer trained in anesthesiology at Massachusetts General Hospital and is now Professor of Anesthesiology, Professor of Medicine and Director of Perioperative Medicine at Northwestern University.

She is an author and editor of Preoperative Assessment and Management (1st & 2nd ed.) and has written numerous publications and peer-reviewed articles on perioperative medicine including works in *Miller’s Anesthesia, Anesthesiology, Basics of Anesthesia, JAMA, Critical Care Medicine*, etc.

She lectures extensively on preoperative evaluation and preparation of patients anticipating surgery and anesthesia. Her academic interests include perioperative management of high-risk patients and effects on perioperative outcomes. Dr. Sweitzer is a founding member of the Governing Board, and Immediate Past President of the Society of Perioperative Assessment and Quality Improvement. She serves as a reviewer for several academic journals and is on the editorial board of *Anesthesiology*. Dr. Sweitzer is a Fellow of the American College of Physicians and an elected member of the Association of University Anesthesiologists.

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**BIO - CHRIS LONG**

Chris Long is a financial advisor working predominately in the medical community since 2004. His wife Leslie is an anesthesiologist. His experience with finances stems from both a personal and professional standpoint. In 2012, Chris teamed up with another financial advisor, Gregg Helman. Together, they opened an office for Consolidated Planning Inc. in Columbia, SC. Chris and Gregg operate independently as a team and continue to work predominantly with physician clients from coast-to-coast. Chris and Gregg strive to be personally accessible to medical students and residents.

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**Perioperative Surgical Home**

**PSH 101 for the Medical Student**
*By BobbieJean Sweitzer*

I will be discussing the “Perioperative Surgical Home.” This is a concept that was developed and fostered by the ASA to promote active participation and collaboration with our surgical colleagues, primary care providers, and consultants in the evaluation and preparation of patients planning surgeries and anesthesia.
Day in the Life...

A Day in the Life of a Physician Anesthesiologist

By John Mitchell

In the session “A Day in the Life of an Anesthesiologist,” we will be discussing what constitutes both a work day and career in anesthesiology. As there are many different types of careers possible, several examples will be profiled and significant time devoted to question-and-answer session.

BIO - JOHN MITCHELL

John Mitchell is the Residency Program Director for the Department of Anesthesia, Critical Care, and Pain Medicine at Beth Israel Deaconess Medical Center. He is an Associate Professor of Anaesthesia at Harvard Medical School.

Dr. Mitchell was selected as Departmental Teacher of the Year by residents three times and received the S. Robert Stone Award for Outstanding Medical Student Teaching from Harvard Medical School. He was a Rabkin Fellow in medical education. He has led multiple funded efforts exploring topics in education research.

Nationally, he serves on the Board of Directors for the Society of Education in Anesthesia for the Society of Education in Anesthesia, the Association of Anesthesiology Core Program Directors (AACPD) and on the steering committee for the Anesthesia Toolbox Project. He is also a member of the FAER Academy of Education Mentors in Anesthesiology. Most recently, he has been working with the ABA’s OSCE Development Task Force.

Clinically, he provides care for cardiothoracic, liver transplant and general surgical patients.

His research interests include ultrasound simulation, optimizing resident performance, and increasing educational efficiency.

BIO - TONY YEN

Dr. Yen is an Associate Professor at the University of New Mexico in Albuquerque and he has been heavily involved with medical students in his career. Dr. Yen was the clerkship and sub-internship director and developed different curricula for medical students interested in anesthesiology. He has also been active in the Society for Education in Anesthesia, and has been the chair of the Subcommittee for Medical Student Education in the SEA. Currently, he is the Residency Program Director at UNM.

BIO - SHANNON GRAP

Shannon Grap is an Assistant Professor of Anesthesiology within the Department of Anesthesiology and Perioperative Medicine at the Penn State Hershey Medical Center in Hershey, PA. Dr. Grap has a strong interest in medical student education and curriculum development, and is the Director of Curriculum Integration within the Curriculum Leadership Team at the Penn State College of Medicine. She is also the Director of Medical Student Education within her department, and oversees the implementation of anesthesia-related topics throughout all four years of medical school, including the clinical anesthesiology electives. Dr. Grap enjoys working directly with medical students as a mentor and advisor for the Anesthesiology Interest Group.

Residency Prep

Making Yourself a Competitive Applicant for Residency

By Tony Yen and Shannon Grap

We will be discussing an overview of what the successful applicant looks like with data from the recent NRMP matches from the last several years and discuss how to make yourself a competitive applicant.

Contact Information for Dr. Yen:
tyen@salud.unm.edu

Contact information:
John D. Mitchell, M.D.
Residency Program Director
Department of Anesthesia Critical Care and Pain Medicine
Beth Israel Deaconess Medical Center
Associate Professor of Anaesthesia
Harvard Medical School
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RCC 470C
Boston, MA 02215
jdmitch@bidmc.harvard.edu
Medical Student Component House of Delegates

House of Delegates Award Presentations & Networking Breakfast with Annual Meeting Supporters

Sunday, October 23
7:30–9 a.m.
Hyatt Regency Chicago, Grand Ballroom AB

This year, the ASA Medical Student Component will join the Resident Component for a joint House of Delegates Award Presentations and Networking Breakfast. Highlights of this event include the official announcement of the 2016 Outstanding Anesthesiology Interest Group Awards, resident awards, and networking with several annual meeting supporters. Registration is required for attendance to the breakfast.

House of Delegates Meeting and Educational Session

Sunday, October 23
7:30–9 a.m.
Hyatt Regency Chicago, Grand Ballroom EF

Come see how the medical student governing body operates in the 2016 ASA Medical Student Component House of Delegates meeting. All student delegates and/or alternate delegates from individual institutions are expected to be in attendance for voting upon items of business, including but not limited to electing the ASA Medical Student Component Governing Council officers for the 2016-2017 term.

All ASA medical student members are welcome to attend. Voting privileges are restricted to student delegates and student alternate delegates.

2015-2016 Medical Student Component Governing Council Officers

(From Left to Right)
John William Crowley, Member-at-Large
D. Kyle Robinson, Chair
Mena Abdelmalak, Alternate
Christopher Li, AMA Delegate
Ada Gil Jiménez, Chair-Elect
Christine McLaughlin, Senior Advisor
Ciera Ward, Secretary
Billy Tran, AMA Alternate Delegate

WE LOOK FORWARD TO SEEING YOU IN CHICAGO!!!

Note from the Editor

By Ciera Kaylynn Ward

It has been a pleasure serving as your ASA Medical Student Component Secretary this year, and I hope to see you at ANESTHESIOLOGY 2016 in Chicago!