



*The Official Newsletter of the
ASA Resident Component (RC)*

Pictured left are your elected
2016-2017 ASA Resident
Component Governing
Council. From left: Matthew
McNelly, Calvin Gruss,
Michael Lubrano, Chad Greene
Elena Koepke, Cesar Padilla, D.
Hale McMichael

SAFE VA CARE INITIATIVE SUCCESS!

Calvin Gruss, CA-1 and ASA-RC Secretary

As many of you know, the Department of Veteran Affairs (VA) proposed a policy earlier this year to remove physician anesthesiologists from operating rooms. A wide-reaching coordinated effort to prevent this outcome and protect veterans was put into action by the ASA in the form of the Safe VA Care initiative.

The motivation was, of course, providing veterans with the quality healthcare they had earned and deserved. As the ASAHQ stated, "With 12 to 14 years of education and 14,000 to 16,000 hours of clinical training, physician anesthesiologists serve a critical role in providing safe anesthesia

care. For VA patients who have poorer health status, the involvement of a physician anesthesiologist in their care is an imperative. Without physician involvement, VA would be lowering the standard of care for our Veterans and putting their lives at risk."

Through the successful participation of over 100,000 anesthesiologists, anesthesiology residents, Veterans, friends, and family, the VA issued a final rule that includes a specific exclusion of nurse anesthetists from the full practice authority model of care. This rule preserves the current physician-led anesthesia model seen across the country.

The success of this initiative involved a wide-reaching social media campaign (Facebook, Twitter, website) as well as meetings with senators and congressman during the ASA Legislative Meeting in Washington, DC this past spring.

The ASA thanks its members for taking action at www.SafeVACare.org to ensure our veterans continue to have access to high-quality physician-led anesthesia care. Further information and updates can be found at: <https://www.asahq.org/advocacy/federal-activities/legislative-activity/vha-nursing-handbook>

ASA Grants for Regional Meeting

The ASA Resident Component has provided up to five (5) \$1,000 grants to groups of residents organizing regional meetings in each of the ASA's caucuses: New England, Southern, Mid-Atlantic, Midwest and Western. This provides residents with extra resources to put together seminars with information on practice management, legislative issues, finance or anything else that they otherwise would not get in their programs. Application form and supplemental material should be received by ASA staff via email no later than February 15. More information at <http://www.asahq.org/about-asa/component-societies/asa-resident-component/get-involved/asa-grants-for-resident-regional-meeting>

Timely Topics: Payment and Practice Management

This month, there is an article geared toward residents that discusses anesthesia practice types after residency with a focus on academic anesthesiology. The article explores the clinical environment, compensation, and professional growth opportunities. Penned by Molly Kraus, MD and Mark Hudson, MD. Read the complete article here:

<http://www.asahq.org/quality-and-practice-management/practice-management/timely-topics-in-payment-and-practice-management>

Congratulations to Dr. Colby Simmons, recipient of the 2016 ASA Resident Humanitarian Service Award, at the ASA ANESTHESIOLOGY® Annual Meeting this past October in Chicago, Illinois.

Colby Simmons, D.O., M.B.A., is a resident at the University of Colorado.



The ASA Resident Component hopes you will join us in support of our three primary goals:

1. To encourage resident participation in ASA

- Join ASA and learn about the ASA Resident Component
- Get involved in the ASA-RC
- Run for an office on the Resident Component Governing Council
- Meeting and event information
- [More information](#)

2. To develop experience in organized medicine among young physician leaders

- Become a leader: ASARC leadership opportunities are available
- Write a Resident Review article
- Apply for the Resident Research Essay Contest
- [More information](#)

3. To improve resident awareness of the ASA's role in the evolution of the specialty of anesthesiology

- View information on residency and fellowship opportunities
- Discover a wealth of resident resources and links
- Learn about the ASAPAC and help increase your program's participation
- Single Graduate Medical Education Accreditation System
- [More information](#)

Kids During Residency: Tales from a Resident

Whether it be the peanut butter and jelly stain on my white coat, or the time that my stethoscope got “bedazzled”, having children while in training definitely adds some color to the journey. For me, it all started during fourth year of medical school when our son came along. He is now two-and-a-half and operates as my right hand man, always eager to help me go through pre-ops for the next day! As if life wasn't crazy enough, we decided to have baby number two who was welcomed into the world just a few weeks ago. For me, working as an anesthesiologist is an extremely fun and gratifying career, but the best job that I have is being a dad! To keep it short and simple (as I have learned to do when dealing with a toddler), here are my top 5 take-home points on balancing residency and staying a “cool parent”:

1. At the end of a long day, play with your kids as soon as you get home before doing anything else! Those pre-ops can wait...
2. Talk about your kids at work and show off their pictures! I mean, who doesn't like talking about children and the funny things that they do?

3. Invite your family to come eat with you! Little Johnny and Suzzie already think that you're a superhero, might as well convince them that you hung the moon too, right?!

4. Give up the extra shifts. Hey, who doesn't love some extra moonlighting cash? In a few years, you'll look back and wish you gave up more work hours for quality time while they were young though!

5. Keep your iPhone out of reach! Speaking from experience, kids thoroughly enjoy sending embarrassing emojis to your attendings. (i.e. pile of poo + kiss face smiley... yeah that happened.)

There's no doubt that juggling parenthood and residency is no small feat. In the end, take each day in stride and have fun!

Chad R. Greene, DO
President-Elect, ASA Resident

Component

Resident International Anesthesia Scholarship Program 2017-2018 Closing Soon!

The American Society of Anesthesiologists Global Humanitarian Outreach (GHO) committee is pleased to announce the application cycle for the 2017-2018 scholarship program for U.S. The site for the rotation will be a CURE Hospital in Ethiopia, Uganda, Malawi or Kenya or a GHO affiliated site in Rwanda or Guyana.

Residents will have the opportunity to experience the challenges of delivering safe anesthesia in a low-resource, underserved area in a developing country as well as participate in the training and education of local anesthesia providers. With appropriate planning, the resident will be eligible to receive ABA credit. Covered expenses include travel, lodging, meals, visa, vaccinations and medical insurance.

Application requirements and details:

- CA 2 residents w/ pediatric experience
- Resident in good standing
- Letter of motivation, letter of support from Program Director, CV and one additional letter of recommendation

First available month for the rotation is September 2017, start dates flexible based on needs of the home institution.

More info: www.asahq.org/gho/ghoprograms/scholarship

Explore Advocacy Through ASA's Policy Research Rotation in Political Affairs

The American Society of Anesthesiologists (ASA) invites residents in their CA-2 and CA-3 years to apply for the 2017-2018 application period of the ASA Policy Research Rotation in Political Affairs, a four-week rotation located in ASA's Washington, DC office. The ASA Policy Research Rotation in Political Affairs allows resident physicians to experience the political, legislative and regulatory factors that affect the delivery of patient care. The application period will remain open from December 15, 2016-March 15, 2017. Please note that this year's earlier application period—and submission deadline—is intended to provide program directors with ample time to plan resident schedules.

During the rotation, residents will gain a comprehensive understanding of health care politics and policy by experiencing the political environment first-hand, assisting in day-to-day activities in ASA's Advocacy Office, attending lobby events sponsored by ASA, creating research projects and reporting on policy changes affecting the profession of anesthesiology.

The ASA Policy Research Rotation in Political Affairs has been approved by the American Board of Anesthesiologists to count toward residency credit. A stipend of \$5,500 is provided to offset living expenses. Residents will be supervised by ASA's Congressional and Political Affairs Department during the rotation, which takes place during one of five months based on availability.

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Write for the ASA Monitor

We are accepting submissions for the "Resident Review" section of the ASA Monitor. If you are interested in writing an article, please submit the following:

- Topic or possible title of article, and
- Sample paragraph

Potential authors do not need to submit the entire piece, although we will accept full articles as well. Editors of the ASA-RC are happy to help edit and develop ideas if needed. Please visit the ASA website to view the most recently published articles and get a sense of what is published.

Current ASA-RC editors:

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Rotation in Political Affairs

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Applications and inquiries can be directed to:

Ms. Shannon Rosenblat
Grassroots Program Administrator
Phone: (202)-289-2222
Email: s.rosenblat@asahq.org

A complete application will include the following materials:

- (1) Application Cover Sheet
- (2) Cover Letter
- (3) CV
- (4) Written approval of the resident's department head

More information and application materials can be found online at:

<https://www.asahq.org/advocacy/federal-activities/items-of-interest/policy-research-rotation>

Be there IMPROVING PATIENT OUTCOMES
ANESTHESIOLOGY 2017
BOSTON OCTOBER 21-25

Get notified when registration opens
goanesthesiology.org



Upcoming Meetings and Events:

New England Anesthesia Residents Conference

March 18, 2017

Midwest Anesthesia Residents Conference

April 21-23, 2017

Mid-Atlantic Anesthesia Research Conference

April 22-23, 2017

Gulf Atlantic Anesthesia Residents' Research Conference

April 7-9, 2017

Jacksonville, FL

Western Anesthesia Residents Conference

April 21-23, 2017

Portland, OR

Contact your Resident Component Governing Council

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